

"... A SUBSTANTIAL SAVING"

Study of Yearly Cost Puts Hartnell Expenses Far Below Univ-Coll.

Students attending their own district community college get

better educational value at a substantial saving, according to study recently released by Hartnell College.

Overall annual expenses at a community college like Hartnell are less than one-third the cost of a four-year college away from home. In considering the difference between public community colleges and private schools, the costs appear to be double.

The major cost of attending college away from home is the board and room expenses. Saving on these costs at Hartnell College can go a long way toward covering your expense during the last two years of college.

Hartnell College offers a broad range of academic subjects which may lead to the Associate in Arts degree. You may complete all of your lower division course work at the college and then transfer to a four-year institution where you may complete a Bachelor of Arts degree. The College also offers a variety of career courses which may lead to a two-year Associate in Arts Degree. These two-year programs prepare you for employment upon the completion of the necessary requirements.

Registration for the Spring semester is going on at this time. For further information about classes, veteran's services, program for handicapped, financial aids, and others, contact the student personnel office.

Below is a table which compares the education at Hartnell College with that at four-year public and private colleges:

ELECTION COMING; TIME TO FILE FOR GOV. BOARD; SHOULD STUDENT TRY?

On April 17 voters will go to the polls to elect various members of the schools' governing bodies. Of particular interest to

Hartnell students should be the election of members to the Hartnell College Board of Trustees, in which three trustees will be elected for four-year terms. Trustees are to be elected for Area 1—the King City area presently served by Craig Wiley; Area 2—the Gonzales area presently served by Dr. James Fassett, and Area 6—Spreckels, Washington Union, Santa Rita, Graves, and Lagunita areas presently served by William Byran.

In order to qualify one's name for the ballot, he or she must be a resident and registered voter in the respective Area, and have filed the necessary papers with the Monterey County Elections Department by February 16. And, since the filing date is still two weeks away, perhaps students from Areas 1, 2 and 6 should strongly consider whether or not a student should be a Trustee.

Film Series To Screen 4 Classics

By Douglas Watson

Friday, February 2 kicks off an exciting weekend with "Chance Meeting" and "Beauty and the Beast." The director, Jean Certeau put together a real classic along with producer Andre Paulve. The Beast, Jean Marais, sees Beauty, Josette Day and soon falls in love with her.

Best Foreign Film

Saturday night, February 3rd brings another night of romance and thrills with "Black Orpheus" and "Orpheus."

Orpheus is played by Breno Melo and Eurydice by Marpessa Dawn. This film was awarded "Best Foreign Film" in the 1959 Academy Awards.

"Orpheus" is also directed by Jean Certeau. He also wrote the script. Orpheus is played by Jean Marais; Hertebe is Francois Perier; The Princess is Maria Casares, and Surydice is played by Mariadea. This classic film was produced in 1949.

Cost is free with ASB card and 50 cents without for each day. See you all in the Little Theatre February 2 and 3 at 7:30 for lots of love and fun.

CALLING ALL YOU TUTORS

There will be a meeting for all tutors and all students interested in working as tutors. It will be held on Tuesday, February 6, 11 A.M., in the Little Theater (Room 29). It is important for prospective tutors and old tutors alike to attend this meeting.

Smiling -- Through Tears



"Why don't you guys let up a little," said Cabrillo College basketball coach (in effect) after last Saturday night's home game with the Panthers. Bob Bugalski (right) managed to smile while exchanging after-the-game pleasantries with Panther coach Len Wilkins, but the visitor and his team still smarted from the 93 to 67 clawing by the Hartnell team. For a review of the hoop season so far and the success of the home team, turn to page 4 for Corky Dick's roundup.

(Photo by Roger Knopf)

\$150 REWARD

This fee will be given to any Hartnell student who volunteers to be Editor of the Hartnell College literary magazine. For the assistant editor, \$100 will be awarded, and \$50 to the Freshman staff member.

The purpose of this magazine shall be to serve as a pictorial reflection of student life and activities at Hartnell College, as well as life outside the school. Photos, short stories and sketches will be included in the magazine.

For information see Doug Watson in FOB Panther Sentinel, or Mr. Holback in his office.

Average Yrly Costs

Tuition, fees
Books, supplies
Room/board
Student Body fee
Health Fee
Application fee
Placement Test fee

Hartnell College

\$ - 0 -
125.00/yr
- 0 -
15.00/yr
- 0 -
- 0 -
- 0 -

California State University/College

\$ 118.00
125.00
1,100.- 1,250.
Included in fee
- 0 -
20.00
6.50

University of California

\$ 600.00
125.00
1,100.- 1,250.
18.- 51.
- 0 -
20.00
6.50

Private Institution

\$3,162.- 4,562.
125.00
1,100.- 1,250.
50.00
36.00
20.00
6.50

The Liberated Broad

By Debbie Ellington

Life before birth.

Some people say human life begins at birth. But doctors say that long before the mother feels the unborn baby's movements within, the miniature infant wakes and sleeps, squirms about, squints, swallows, breathes fluid, hiccups, digests, hears, tries to cry, can feel pain, flexes his or her fingers, punches, kicks and even sucks his or her thumb—or toes.

This all occurs in the first half of pregnancy.

Most pregnancies aren't even detected until the 6th week. By then, the body's heart has been beating for 3 or 4 weeks, brain waves can be read, the nervous system has been complete for about two weeks, and he or she is about to begin moving, although the mother will not feel it for three and one-half more months.

By the 8th week, the baby's skeleton, head, face, limbs, fingers (with fingerprints), toes, circulatory and major muscle systems are complete, and all of his or her bodily organs are present in rudimentary states.

At 16 weeks, the baby's eyelashes have grown.

At 16½ weeks, all 20 milk-teeth buds are in place.

By the 20th week, hair appears on the baby's head.

Life Begins at Conception

Most scientists agree that a new life begins at conception.

The September, 1970 issue of California Medicine (official journal of the California Medical Association) said it's a "scientific fact" that "human life begins at conception and is continuous, whether intro or extra-uterine, until death."

Even the New York court which upheld permissive abortion, admitted "in the contemporary medical view, the child begins a separate life from the moment of conception."

At conception, a genetically unique individual begins life. All of the characteristics he or she will have as an adult are already determined — including eye color, skin pigmentation, sex and intelligence potential. This new individual's life will consist of continually overlapping progressive stages of growth and development from that instant through childhood, adolescence, maturity, old age and death. All that is needed is nourishment and time to grow.

This life will not begin nine months later. Birth will be only a change in the place of residence of an already living, active person. This is why Oriental people consider a child to be one year old three months after birth.

An unborn baby is just as much a living human being as any of us, and therefore has a right to keep his or her life.

A BABY'S WORST ENEMY— ABORTION

Some say that deliberately taking an unborn baby's life is no different than removing a diseased appendix. As if the baby weren't alive, or human. Or couldn't feel the pain.

Death before Birth

Even though abortion is the most common surgical procedure performed in the U.S. today (over 2,000,000 babies are aborted per year), it's the only one not fully described to the "patient" beforehand. Because abortion is not only fatal to the baby, it's dangerous to the mother.

Three British doctors recently commented, "the public is misled into believing that legal abortion is a trivial incident, even a lunch hour procedure... There has been almost a conspiracy of silence regarding risks."

Mothers who abort their babies may suffer infection, hemorrhage, sterility, blood clotting, brain damage, perforation or laceration of the womb and other dangerous complication, and, later in life, tubal pregnancies, chronic miscarriage or premature birth.

Plan Your Children for Health and Happiness. Planned Parenthood, warned, "An abortion kills the life of a baby after it has begun. It is dangerous to your life and health. It may make you sterile so that when you

want a child you cannot have one."

Abortion: The Living End

When a woman decides to abort her baby, it is done in one of four ways:

1. Dilation and Curettage: The mouth of the womb is forced open with clamps. The doctor inserts a curette, a spoon-shaped knife with sharp, serrated edges, and methodically scrapes out the womb, dismembering the baby alive. The fragments are pulled out with a forceps. Profuse bleeding is normal.

2. Suction Curettage: A vacuum tube with a sharp-edged tube is inserted into the womb and the baby is sucked out in shreds.

A common complication in both kinds of curettage abortions is failure to remove all of the pieces of the baby, causing bleeding or infection, and necessitating another operation.

3. Saline Infusion: (Used after 12 weeks, when the baby is so large that curettage is too dangerous to the mother). A long needle is inserted into the mother's abdomen, piercing the womb. A toxic salt solution is injected. The baby inhales the solution, goes into convulsions and, perhaps as long as two hours later, dies—of poisoning. The salt also burns the baby's skin.

The woman goes home. When labor starts, she returns to the

hospital (if she can make it) where she gives birth to a (usually) dead baby, 24-48 hours after the injection. Sometimes it is several days, or even weeks, before the dead baby is finally delivered.

Although saline abortions are so dangerous to the mother that they were banned in Japan over 20 years ago, hundreds of thousands of babies are killed by this method annually in North America.

4. Hysterotomy: If the saline method can't be used, the doctor performs a hysterotomy, which is like a Caesarean section. He makes a long incision in the abdomen. The baby is taken out and struggles for a time. Sometimes the baby whimpers. He or she is dropped in a bucket and dies, usually of suffocation or drowning.

The mothers are at least partially anesthetized during these procedures. The babies aren't. Several of the techniques for killing babies in hospitals are illegal to use for killing animals in slaughter houses.

In rare cases, late-term babies have survived saline or hysterotomy abortions. Otherwise, they go into the hospital incinerator or garbage can, occasionally before they are completely dead. Thousands of still-living, aborted babies are used as human guinea pigs in "medical experiments" in European and North American laboratories. Such babies have even been vivisected.

Abortion Solves Nothing

It's no wonder that a young woman, who would be horrified if she ran over a kitten or puppy with her car, suffers deep-rooted guilt when she realizes that she has taken her baby's life — a burden she must bear as long as she lives. Physicians have found that guilt feelings over abortion often lead to chronic mental illness.

Compassionate Alternatives:

Many women who find themselves with an unwanted pregnancy often act as if abortion were the only alternative. (Most of them receive cash kickbacks from abortion mills for referrals) But no one seems to care.

Wrong. There ARE people who care. Groups have sprung up everywhere to help pregnant girls, married and single, in any way necessary. They care that much about you and your baby.

Lifelines of the Right to Life League, like Birthright, are friends you can count on. They know you are facing perhaps the greatest personal crisis of your life. You don't have to face it alone.

The woman goes home. When labor starts, she returns to the

PANTHER SENTINEL

The Panther Sentinel is published by the Associated Student Body of Hartnell College in Salinas, Calif.

Publication is every Friday.
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The Liberated Broad

DIVORCE

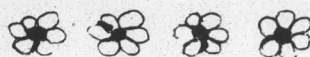
Divorce is, simply stated, the dissolution of a marriage relationship by the decree of a court. Some of the most common causes for divorce include adultery, cruelty and desertion. Other causes, in some states, can be drug addiction, failure to support, incompatibility, insanity and imprisonment for felony.

California grants divorce only on the grounds of incompatibility or mental cruelty, while New York is adultery.

When a divorce decree is granted, the court will make provision for the custody and support of the children, if there are any. A wife is often awarded alimony for her own support.

I doubt very much if there is one person at Hartnell who does not know a divorced couple.

Divorce can cause bitterness and even hate. It hurts children and grand children of the couple deeply and leaves scars against them also.



LEAD POISONING DANGER

Maryland Natural Resources Secretary James B. Coulter announced on 17 Jan. 1973 that the State of Maryland is seriously considering a ban on the use of lead shot on State water fowl lands for the 1973-74 season.

This measure is being considered because of the yearly loss of millions of water fowl all over the United States from the toxic effect of lead shot poisoning. Ducks, geese and swans, feeding along heavily hunted marsh and lake bottoms frequently swallow lead pellets with their food. The leads shot enter the gizzard and are eventually absorbed into the blood stream — causing deterioration of several organs, including the liver, kidneys and gizzard.

As a result of the toxic effect of the lead, the birds in effect

starve to death in the midst of plenty. The dying birds are skinny, and, as a crippling paralysis sets in, their wings begin to droop. Walking and flying are unsteady. Death is slow and agonizing.

Massive water fowl die-offs due to lead poisoning have been reported for well over a century in many parts of the United States. Last year at least 4,500 geese were found dead on Maryland's eastern shores. Thousands more were ill from this poisoning.

Last fall, pilot introduction programs for soft iron shot were held at seven federal hunting areas. Although the results of those programs are not fully compiled, initial hunter response to the soft iron shot was enthusiastic according to reports received by National Wildlife Federation.

"Americans have the challenge and opportunity of helping to build the conditions in which peace can survive," Frank Goffio, CARE Executive Director said in an appeal for public support.

For those who wish to help, contributions may be sent to: CARE Vietnam Fund, 444 Market Street, San Francisco, California 94111.

DRAMA

Drama under the direction of Mr. Hal Uurici and with the help of Mr. Charles Herman will perform "A Comedy of Errors," by William Shakespeare. Curtain time is 8:30 on March 16, 17, 23 and 24.

Admission price is \$2.00 for adults, \$1.00 for students, and 50 cents for children under 12. Anyone can try for a part, so if you feel talented, give it a try.

LITTLE MAN ON CAMPUS



UC Riverside Offers Aid To JC Transfers

RIVERSIDE, Calif.—Community college students transferring to the University of California, Riverside, are eligible for special financial aid, UC Riverside Chancellor Ivan Hinderaker said today.

The special financial aid—known as the Improved Access Grant Program—has made available \$212,000 to UC Riverside for assistance to community college transfer students.

"We are determined to provide complete access to UCR to those students in community colleges who transfer here and who have financial need," Chancellor Hinderaker said. This new program enables us to increase the amount of assistance we can provide to transfer students, in terms of both financial aid and student services."

UC Regents established the program to improve access to the University for low-income students, with emphasis on students transferring to UCR from community colleges.

A maximum of \$1,000 may be awarded in the first year of enrollment at UCR, and \$700 in the second year. These sums are in addition to regularly available financial aid which can be used to provide each student financial assistance consistent with proven need.

To be eligible for a grant-in-aid under this program, a student must be an undergraduate transfer to UCR, who at the point of transfer has completed 84 quarter units (56 semester units) of acceptable transfer work. This work must have been done at a California community college or other accredited collegiate institution other than a University of California campus.

A cumulative grade point average of not less than 2.0 must have been maintained by the student.

Additional information is available from counselors at all California community colleges.

Menlo Main Threat . . . Basketball Review Cont.

in the season in their cracker-box gym.

The Panthers, 19-4 on the year, sport the best record in the state. Opening the season with a 4-3 record after seven games, the Harts then reeled off 14 victories in a row, the longest in the state this year to garnish them a second place rating behind Menlo for small Junior College teams.

The Harts field a running ball club, easily capable of breaking every game open. A smooth offense in which everyone hits with consistency, and a defense that makes plays look unbelievable have carried the Panthers in one of their best starts in recent years.

Losing once to Menlo, Hartnell needs a victory February 10th against the Oaks at Hartnell to grab a share of first place.

Ohlone, 2-2 in league and 10-9 overall have had their ups and downs throughout the season.

in the Coast Conference, the Renegades haven't seemed to put together consistent back-to-back performances.

Ranked fifth at one time in the State, Ohlone has played below .500 ball in the past month. The Renegades could prove to be spoilers to both Menlo and Hartnell the second time around after convincing 1st losses to both teams.

MPC also stands at 2-2 in league, but only 6-12 overall. The Lobos seem to play as individuals instead of as a team and time and time again it has cost them. Several ball players are consistent, but the sloppy offense and erratic defense have cost them a major share of their games.

Height is another disadvantage for MPC as in almost every case the opposition is vastly taller. Given some "together" teamwork, Monterey could pose a threat.

Cabrillo, 1-3, 7-12 overall, is vastly improved from last year

and is capable of knocking off anyone. This was evidenced a week ago when the Seahawks squeezed by Cuesta, No. 3 in th State, 78-76 in overtime. Inconsistency, however, has been the Seahawk's problem, as the team plays inspired ball on certain occasions.

Depth is one of the Aptos school's problems, as the second and third stringers have little to offer in the way of talent. When the first team is on its game, it is hard to stop.

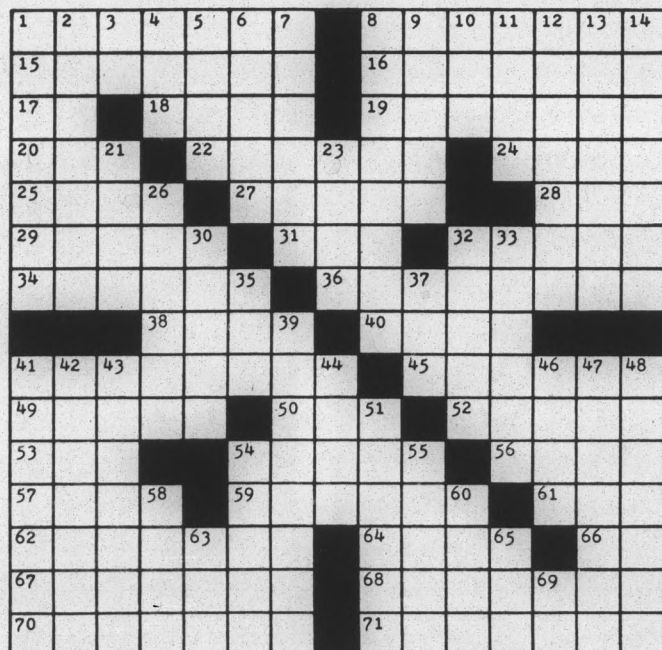
Gavilan is the league's doormat, compiling an 0-4, 2-17 record. Losing a majority of close games has been the Rams' problem as they fail to come through in the clutch. A squad of mostly freshmen comprise the Gilroy school's team, with inexperience telling in the long run.

This year might be one of rebuilding and learning for the Rams in order to bring about a winning attitude in 1973-74.

CROSSWORD PUZZLE OF THE WEEK?

Editor's Note Below you will find a crossword puzzle especially designed for college students. You will find references to historical subjects, English Lit. and special vocabulary. Next week we'll print the completed

puzzle. Before that you should turn in your completed puzzle. We'll print the names of the students with 100 per cent accurate answers.



ACROSS

1. Fastened Together
8. Periods of Luck
15. End of Saying
16. Snood
17. "Lady ___ Good"
18. Mop
19. Judge
20. Adjectival Suffix
22. Rigorous
24. Palm Drink
25. Spring
27. Sets Dog Upon
28. Victory
29. Sex Expert Havelock
31. French Condiment
32. Metallic Sound
34. Influence
36. Replenish Battery
38. Lion's Noise
40. Litigation
41. Careful
45. West Point Freshmen
49. Foreigner
50. Extinct Bird
52. Foolish
53. Sick
54. Murders
56. Slant
57. Ridge of Sand
59. Make Beloved
61. Illuminated
62. Paid No Attention to
64. Scottish Kiss
66. Six
67. Every (2 wds.)
68. Surfing Feat (2 wds.)
70. Thin
71. Driving Away

DOWN

1. Celebration
2. By ___ Alone
3. Brightness
4. Greek Letter (pl.)
5. Pulls
6. Political Regions (Fr.)
7. Scattered Remains
8. Metal Restraints
9. Fruit Pies
10. Tease
11. Island Country (Poet.)
12. Peace-loving
13. Retaining
14. Peculiar
21. Nelson
23. Cold Drink
26. Perforate
30. Hold in Contempt
32. Mexican Food
33. Hidden
35. Scottish Digit
37. Drinking Container
39. Aid to Recollection
41. Creameries
42. Unlawful
43. Quiet
44. Related
46. Empty Boat of Water
47. Make Interesting
48. Background
51. Hebrew Letter (pl.)
54. N.H. Resort City
55. Wife of Abraham
58. Dry Wind Var.
60. Gambling Resort
63. Stick
65. Self
69. Note of Scale

GRAPPLERS SPORT 6 - 1



By Corky Dick

The Hartnell wrestling team under the fiery leadership of Frank Hankin sports a 6-1 overall season record and 3-1 in league competition. The Panthers stand in second place in Coast Conference action behind undefeated Gavilan (4-0).

Opening league play against Cabrillo and Ohlone, the grapplers had no trouble trouncing the Seahawks 45-6 and the Renegades 39-6. Cabrillo had but four men in action while Ohlone spotted only three competitors.

Cabrillo picked by many in pre-season to challenge for the title, offered little resistance to the vastly improved Panthers. Luthor Norred (190) and Vince Catbagan (155) pinned their opponents to lead Hartnell's attack.

Game Benabides (134) won his match on a 3-0 decision while Mel Tartaquin (142) was the only Panther to lose, 4-1, to a Seahawk.

Manuel Cadena (118), Javad Eshan (158), Manuel Marmolejo (162), James Thompson (177), and Mike Baldwin (hvyw.) all won their matches on forfeitures.

The Harts really took it to Ohlone as the Renegade's lone victory came on a Panther forfeit in the 158 pound class. Catbagan and Thompson pinned their respective opponents while Marmolejo won a 12-3 decision.

Benabides, Tactaquin, Norred and Baldwin all picked up points from Renegade forfeitures to dominate the match.

Traveling to San Luis Obispo in mid-January, the Hart Grapplers placed eighth out of 32 Junior Colleges in the Cal Poly Invitational Wrestling Tourney.

Gabe Benebides was by far the most successful Panther with his second place finish in the 126 pound division. Gabe won three matches, one on a pin in just 25 seconds, before losing 13-3 in the championship match.

"Brewster" Thompson placed sixth in the 177 pound division, winning his first match before losing his second on a controversial decision.

Catabagen pinned his first opponent in the 150 lb. class, but in doing so sustained an injury which prevented him from going further. Norred, one of the favorites in the 190 lb. division, was forced out of competition when he defaulted in the early going.

Marmolejo (168) and Baldwin (heavyweight) showed good form though both were eliminated in the opening rounds.

The hard-nosed Gavilan Rams were the next opponents for Hartnell as they handed the Panthers their first loss in dual meet competition, 33-23.

Benebides, Marmolejo, Thompson and Eshan all recorded pins for the only bright spots of the evening for Hartnell.

A forfeit in the 126 lb. division, a lost decision by Catabagen and pins on Cadena, Tactaquin, Norred and Baldwin accounted for the Panthers' downfall. Norred's pin was especially disastrous as it accounted for the winning Ram points. Luthor was in command all the way before losing his balance at one point to allow himself to be pinned. The Rams' overall record stands at 8-0.

Hartnell bounced back to dispose of MPC 33-18 last weekend. The Lobos put up a good fight despite having only five members on the team.

Norred on a pin and Benabides with a 5-1 decision were the Panther sparkplugs. Catabagen, Marmolejo, Thompson and Heavyweight Ceasar Garcia all won due to Lobo forfeits. Cadena and Tactaquin were the only Panther losers, both on MPC pins.

After seven dual matches, Benebides and Thompson are undefeated and Catabagen and Norred have lost but one apiece.

The Panthers conclude the season with return matches against Cabrillo, Ohlone, MPC, and all-important Gavilan at home February 9th. One exhibition match remains against Reedley, a team Hartnell defeated 42-18 earlier in the season. The Coast Conference, Northern California, and State Tourneys conclude the wrestling schedule.

PANTHERS BEAT BACK CABRILLO ON FINE PLAY

By Tom Cherne

No Let Down by the Roundballers

With 6'8" center Dave Kendrick leading the charge, the Hartnell Panthers roared to a 93-67 victory over out-manned Cabrillo last Saturday night. The win upped the Hart's season record to a nifty 19-4 mark. It also solidified the Panthers' claim as the No. 2 rated small Junior College in the state behind league leading Menlo.

The game never was in doubt, as the home team jumped off to early leads of 14-2, 20-6 and 41-18 before settled for a half-time margin of 47-28.

Kendrick scored 14 of his game high total of 22 in the first nine minutes of the contest. Guard Glen (Stoney) Stonebarger played one of his better games keeping the Seahawks off balance with some tremendous ball handling and outside shooting. Stoney and Kendrick, incidentally, tallied 24 of the first 27 Hartnell points.

Besides Kendrick having the first "over 20 points game" of his Hartnell career, Mike Steinbach and Stonebarger each had 18. Consistent Allen George netted 10 points; lighting fast guard Ernie Pascua collected 8; Steve Ish, Ken De Moor and Bernard Hicks all had four points each. Dave Avilla and Wesley Steele rounded out the scoring with three and two points respectively.

Many teams tend to let up a little in the second half after entering the dressing room at half time with a 19 point lead. But then the current edition of the Hartnell sharp shooters isn't just another team.

After rolling up the first two points of the second half the Hart's just continued to tack more points on an already lopsided score. The lead reached its peak of 34 points with several minutes left in the cage tilt.

At that point Hartnell Basketball Coach Len Wilkins decided the game had become enough of a rout. One by one the regulars were pulled and each received the applause he deserved for another fine performance.

The "super sub squad," however, proved to be no pushover for the Seahawks. Preston Gilmore, Bill (Greek) Roulis, Felipe Candoso, Dave Avilla and center Wesley Steele delighted the home town crowd with some dazzling (if not daring) play.

Wilkins also cited Kendrick and Stonebarger with having played particularly well. The Hartnell cage leader also pointed out that Steinbach shot well from the outside, while both Kendrick and Allen George did a good job of gathering in rebounds. George had 18 retreaves, while big Dave had 12 to head the rebounding.

IN REVIEW

MENLO MAIN COMPETITION IN COAST CONFERENCE WAR

By Corky Dick

With just over half the season remaining, the Hartnell basketball team ranks second in Coast Conference action with a 3-1 record, one game back of undefeated Menlo, 4-0.

The Oaks ranked No. 1 in the State for small Junior College teams, appears to be more bal-

anced than last year's Coast Conference championship team. Combining a well disciplined offense with an intimidating style of defense, Menlo has built up a 14-4 overall record. The four losses came at the hands of schools in the large Junior College bracket.

Outscoring their opponents on

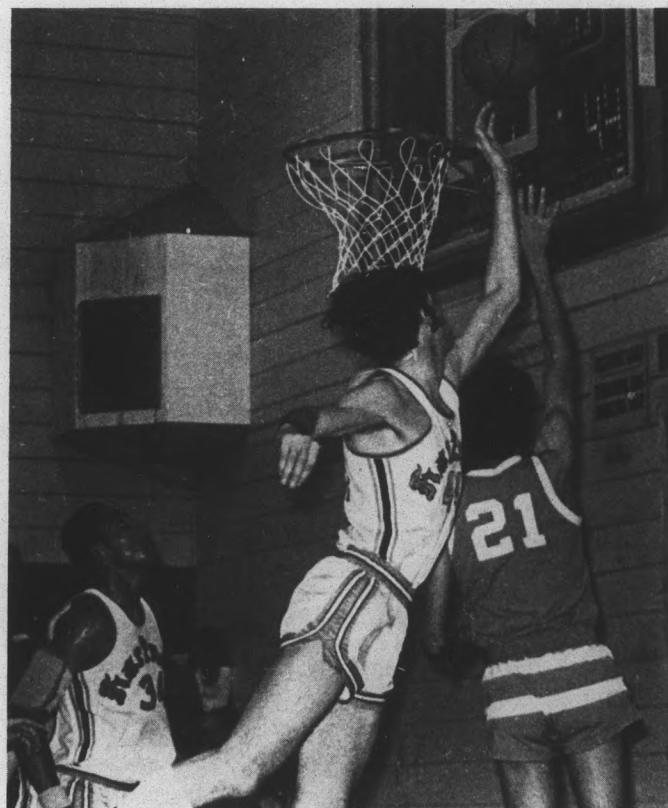
the average of 16 points a game, the Oaks look again to be a strong threat for Coast Conference laurels. The Atherton-based school handed the Panthers a 62-53 setback earlier

(Continued on page 3)



■ ALLEN GEORGE leaps to grab a rebound away from a surprised Cabrillo starter. This was one of 18 rebounds big Al grabbed in the

rout of the Seahawks. (Both photos courtesy of photographers Roger Knopf and Dale Wanzong.)



■ STEVE ISH (44) goes high to block the shot of a Cabrillo player in home games last Saturday night. Teammate Allen George (34) looks on.